

Menu



WYE LEISURE

Herefordshire's Premier Health & Leisure Club

Place your order at the till

Please make us aware of any allergies or dietary requirements when ordering

Lighter Meals

Pan Fried Mushrooms with Chopped Bacon and Parsley - Served on a English Muffin.....£5.50

Potted Stilton & Mushrooms
Served with a garnish & granary bread.....£7.05

Crushed Avocado on Sourdough Toast with a Poached Egg.....£5.50
Add: Grilled Mushrooms.....£0.50
Crumbled Goats Cheese.....£1.00

Chilli Con Carne and Cheese on Sourdough Toast.....£5.45
Add: Avocado.....£1.00

Smoked Salmon and Poached Egg on Sourdough Toast.....£6.55
Add: Avocado.....£1.00

Pitta Bread, Carrot & Cucumber Sticks with Hummus.....£4.50

Avocado and Prawns
Served with a garnish & granary bread.....£9.50

Soup of the Day
Served with granary bread.....£4.75

Omelette (2 Egg)
1 Filling:.....£7.25
Fillings: Cheese; Asparagus, Mushroom; Tomato; Onion; Bacon; Chorizo; Garlic Potato; Peas; Prawns; Smoked Salmon.
Served with a choice of up to two items: Garnish, Small Chips, Small Jacket Potato, Cauliflower Rice, Granary Bread.

Sourdough Rolls, Sandwiches & Paninis

Here are some suggestions, but please feel free to make up your own!

Cheese.....	£5.10
Cheese & Pineapple.....	£6.30
Egg & Cress.....	£5.70
Roasted Vegetable & Hummus.....	£6.10
Prawn & Marie-Rose Sauce.....	£7.15
Tuna Mayonnaise.....	£7.05
Tuna Melt (Best as a Panini).....	£7.30
Smoked Salmon & Cottage Cheese.....	£7.10
Ham.....	£6.30
Ham & Cheese.....	£6.90
Ham & Pineapple.....	£6.85
Ham, Cheese & Pineapple.....	£7.15
Bacon, Lettuce & Tomato.....	£5.80
Bacon, Brie & Cranberry Sauce.....	£6.00
Chicken, Avocado, Bacon & Mayo.....	£7.10
Chicken, Bacon, Lettuce & Tomato.....	£6.55
Chicken, Pineapple, Cheese & Tangy Mayo.....	£7.15
Chicken Pesto & Cheese.....	£6.90
Chicken Pesto Salad.....	£6.55
Pineapple, Cheese & Tangy Mayo.....	£6.30
Sausage, Cheese & Piccalilli.....	£6.90

Any variations to the filling combinations shown will be charged at the discretion of duty staff.

Please add 50p to the above prices for Panini.

Children's Sandwiches

Basic Sandwich only - No garnish - Sliced Bread

Cheese / Ham / Beef.....	£2.45
Tuna.....	£2.65

Jacket Potatoes

Plain or Just Butter.....	£3.15
Cheese.....	£5.10
Baked Beans (add cheese £1.05).....	£4.15
Coleslaw (add cheese £1.05).....	£5.45
Ham (with pineapple, cheese or coleslaw add £1.05 extra per item).....	£5.55
Tuna Mayonnaise.....	£6.85
Prawns with Marie-Rose Sauce.....	£9.15
Chilli (add cheese £1.05).....	£5.80
Chicken, Bacon, Avocado & Mayonnaise.....	£7.00

Breakfast items

Granola served with natural yoghurt.....	£2.00
Add: Fruit Salad.....	£1.95
Fruit Salad (Cantaloupe Melon, Pineapple, Grapes, Blueberries, Strawberries, Orange).....	£3.95
Poached Eggs on Toast ★.....	£3.45
Scrambled Eggs on Toast ★.....	£3.45
Beans on Toast ★.....	£2.55
Cheese on Toast.....	£3.30

★ = Normal "sliced loaf" can be served with Sourdough - please state when ordering, add 50p

Hours of Service

Complete Menu Served between:

Monday - Saturday: 12:00 Noon and 2:30pm / 5:00pm and 8:00pm

Sunday: 12:00 noon and 2:30pm

Menu within GREEN border Served between: Monday - Saturday:
10.00am and 8.00pm and until 6.00pm Sunday

Last Orders for Drinks - 9:30pm



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Main Meals

Steak Sandwich - with mushrooms and onions - Served in a Sourdough roll.....	£13.70
Half Roast Chicken	£11.80
Beef Lasagne.....	£12.05
Scampi.....	£12.75
Grilled Trout	£12.65
Vegetarian Lasagne.....	£12.10
Ham and Egg.....	£10.45
Beef Curry.....	£10.70
Omelette (3 Egg).....	£10.40

Filling options: Cheese, Asparagus, Mushroom, Tomato, Onion, Bacon, Chorizo, Garlic Potato, Peas, Prawns, Smoked Salmon or a combination of up to four.

All of the above are Served with up to 2 of the following options:

Chips, Jacket Potato, Garlic Potatoes, Salad, Plain Boiled Rice, Cauliflower Rice with Parsley, Granary Bread or just Salad.

Salads

Cheese and Tomato Quiche.....	£9.50
Roasted Butternut Squash with Harissa Glaze and Houmous ..	£9.50
Avocado and Bacon	£9.50
Avocado and Prawn	£10.25
Goats Cheese Brulee and Orange.....	£11.00
Pesto Chicken and Pine Nut.....	£9.50
Chicken, Bacon, Avocado and Mayonnaise.....	£10.00

All Salads are Served with Granary Bread (except cheese and tomato quiche)

Extras / Sides

Portion of Chips	£2.90
Portion of Bread & Butter.....	£1.00

Children's meals

	Small / Large
Fish Fingers ★	£3.70 / £5.25
Chicken Goujons ★	£3.70 / £4.60
Chicken Nuggets.....	£3.70 / £4.60
Grilled Sausage.....	£4.25 / £6.00
Spaghetti Bolognese.....	£5.80
Cheese & Tomato Pizza.....	£3.15 / £4.60
Pepperoni Pizza	£3.70 / £5.30

★ = Oven Baked, Not Fried

Children's meals are Served with a choice of up to 2 of the following (except spaghetti Bolognese):
Chips, Mashed Potato, Peas, Beans, Salad, Cauliflower Rice with Parsley and Carrot / Cucumber Sticks.

Please note - There may also be items within the lighter meals and/or breakfast items that may suit your child?

Side Salad	£2.75
Cauliflower Rice with Parsley	£2.50
Coleslaw.....	£2.35

Desserts

We have a great selection of cakes and slices on display in the Coffee Shop in addition to:

Chocolate Molten Cake.....	£5.95
Sticky Toffee Pudding.....	£5.95
Almond Daim Bar Cake	£5.95

Nutriblasts

Power Granate.....	£3.15
Carrot Boost	£3.15
Purple Power	£3.25
Passion Storm	£3.35
Super Green	£3.35
Green Goodness	£3.35
Exotic Protein.....	£3.35

Garlic Bread	£2.20
Garlic Bread with Cheese.....	£3.50